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This summer we had the opportunity to graphic record for author, Dan Buettner. I (Heather) had read his first book, the Blue Zones, and was thrilled to receive his

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Photo gallery -- happiness hot spots -- national

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Dan Buettner (born 1960 in St. Paul, Minnesota) is an American explorer, educator, author and public speaker. Thrive. Finding Happiness the Blue Zones Way.

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What makes us happy? It's not wealth, youth, beauty, or intelligence, says Dan Buettner. In fact, most of us have the keys within our grasp. Circling the globe to

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